



## GARLIC FREE MENU

Cross contamination may occur. We ask that you please communicate any allergies or dietary needs to your server. Taste cannot guarantee that any menu item will be prepared completely free of the allergy in question due to suppliers ingredients that are subject to change.

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### SALADS

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*choice of poppyseed or bleu cheese dressing*

**house** GS V  
mixed greens, cucumber, red onion  
& tomatoes 5

**pear & bleu cheese** GS V  
mixed greens, fresh pear, crumbled bleu cheese,  
sunflower seeds & cracked black pepper 7

**goat cheese & beet** GS V  
mixed greens, creamy goat cheese,  
roasted beets & onions 7

**romaine wedge** GS  
romaine, bleu cheese crumbles, smoked bacon,  
scallions, bleu cheese 8

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### SUSHI

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served with eel sauce, pickled ginger, wasabi & soy

**spicy tuna** GS\* \*omit mayo 10

**california roll** 9  
crab stick, cucumber and fresh avocado

**cilantro tuna** GS\* 10  
tuna, sweet chili glaze, cilantro,  
\*omit glaze

**phoenix roll** GS\* 12  
tuna, cucumber, rice & smoked salmon rolled  
on the outside with spicy mayo \*omit mayo

**crunchy veggie** V 9  
onions, carrot, kale, onion crunch, sesame mayo

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### SIDES

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jalapeno-cilantro rice 4 GS V

twice baked potato 4 GS

french fries 4 GS V

coleslaw 4 GS V

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### HOT PLATES

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**plain mac-n-cheese** V  
pasta with homemade cheddar  
cheese sauce 8  
\*ask about our chef's choice  
mac-n-cheese 11

**salmon** GS  
4 oz seared salmon filet topped with a  
cucumber lime cream on a bed  
of jalapeño-cilantro rice 13

**crispy artichokes** GS V  
pickled artichoke hearts, roasted tomato aioli  
\*omit aioli 8

**bleu cheese & honey** GS\* V  
bleu cheese crumbles & fresh, local  
honey with artisan bread 9

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### SANDWICHES

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gluten free bun available - add \$2

**cuban**  
shredded pork, ham, swiss, pickles &  
mayo/mustard wrapped & pressed on  
a hoagie roll \*omit pickles 14

**chicken**  
grilled chicken, avocado, swiss &  
cilantro lime crema on a butter  
bun \*omit sauce 14

**angus burger**  
½ lb angus burger on a butter bun 14  
(add \$1 each-provolone, cheddar, swiss,  
american, bleu, mushrooms/onions)  
(Beyond vegan burger available \$2)

GS Gluten Sensitive

GS\* Gluten Sensitive w/ modifications

V Vegetarian

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.